

# THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW  
MENU CHOSEN  
BY PARENTS  
AND CHILDREN



YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1 MENU

W/C: 31/10/, 21/ 11, 12/12, 02/01, 23/01,  
13/02, 06/03, 27/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Pork Sausages with Gravy</b> Served with Mashed Potato	<b>Macaroni Cheese</b>	<b>Roast Turkey with Gravy</b> Served with Roast Potatoes	<b>Beef Bolognese</b>	<b>Breaded Fish Fingers</b> Served with Chips and Tomato Ketchup
Vegetarian Dish	<b>Butternut Squash &amp; Chickpea Curry</b> Served with Wholegrain Rice	<b>Mild Bean Chilli</b> Served with Wholegrain Rice	<b>Sweet Potato &amp; Chickpea Roast With Gravy</b> Served with Roast Potatoes	<b>Cheese &amp; Tomato Pizza</b> Served with Diced Potatoes	<b>Quorn Dippers</b> Served with Chips and Tomato Ketchup
Alternative Dish	<b>Jacket Potato with Salmon Mayonnaise</b>	<b>Jacket Potato with Veggie Bolognese</b>	<b>Jacket Potato with Grated Cheese</b>	<b>Jacket Potato with Baked Beans</b>	<b>Jacket Potato with Grated Cheese</b>
Vegetables	Sweetcorn	Baby Carrots	Mixed Vegetables	Garden Peas	Baked Beans
Dessert	Carrot Cake	Chocolate Cookie	Fruit Muffin	Yoghurt	Raspberry Slice

Place meal orders at  
[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk) or  
 Contact us at  
[BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

For Allergen Information please visit  
[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)  
 For Medical Dietary requirements,  
 please contact  
[BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice

# WEEK 2 MENU

W/C: 07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	<b>Chicken Korma</b> Served with Wholegrain Rice	<b>Beef Bolognese</b> Served with Wholegrain Pasta	<b>Roast Gammon with Gravy</b> Served with Mashed Potato	<b>Beef Burger in a Bun</b> Served with Herby Diced Potatoes	<b>Breaded Fish Fingers</b> Served with Chips and Tomato Ketchup
Vegetarian Dish	<b>Quorn Sausages with Gravy</b> Served with Mashed Potato	<b>Cheese &amp; Tomato Pizza</b> Served with Diced Potatoes	<b>Sweet Potato &amp; Chickpea Roast with Gravy</b> Served with Mashed Potato	<b>Mild Bean Chilli</b> Served with Wholegrain Rice	<b>Plain Omelette</b> Served with Chips and Tomato Ketchup
Alternative Dish	<b>Jacket Potato with Grated Cheese</b>	<b>Jacket Potato with Baked Beans</b>	<b>Jacket Potato with Tuna Mayonnaise</b>	<b>Jacket Potato with Grated Cheese</b>	<b>Jacket Potato with Veggie Bolognese</b>
Vegetables	Garden Peas	Baby Carrots	Mixed Vegetables	Sweetcorn	Garden Peas
Dessert	Banana & Apple Muffin	Chocolate Shortbread	Honey & Raisin Cookie	Yoghurt	Berry Muffin

Place meal orders at [www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk) or Contact us at [BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

For Allergen Information please visit [www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)  
 For Medical Dietary requirements, please contact [BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice

# WEEK 3 MENU

W/C: 14/11, 05/12, 26/12, 16/01, 06/02, 27/02, 20/03.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Chicken Tikka Masala</b> Served with Wholegrain Rice	<b>Pork Sausages with Gravy</b> Served with Mashed Potato	<b>Roast Beef with Gravy</b> Served with Roast Potatoes	<b>Cheese &amp; Tomato Pizza</b> Served with Diced Potatoes	<b>Breaded Fish Fingers</b> Served with Chips and Tomato Ketchup
Vegetarian Dish	<b>Chickpea &amp; Potato Curry</b> Served with Wholegrain Rice	<b>Cheese &amp; Tomato Pasta</b>	<b>Quorn Sausages with Gravy</b> Served with Roast Potatoes	<b>Butternut Squash &amp; Chickpea Curry</b> Served with Wholegrain Rice	<b>Quorn Burger in a Bun</b> Served with Chips and Tomato Ketchup
Alternative Dish	<b>Jacket Potato with Baked Beans</b>	<b>Jacket Potato with Grated Cheese</b>	<b>Jacket Potato with Baked Beans</b>	<b>Jacket Potato with Tuna Mayonnaise</b>	<b>Jacket Potato with Grated Cheese</b>
Vegetables	Garden Peas	Baby Carrots	Mixed Vegetables	Garden Peas	Baked Beans
Dessert	Banana Marble Cake	Gingerbread Cookie	Carrot Cake	Yoghurt	Chocolate Orange Brownie

Place meal orders at  
[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk) or  
 Contact us at  
[BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

For Allergen Information please visit  
[www.dorset.mealselector.co.uk](http://www.dorset.mealselector.co.uk)  
 For Medical Dietary requirements,  
 please contact  
[BPDadmin@compass-group.co.uk](mailto:BPDadmin@compass-group.co.uk)

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice